

We're going to go through the information in your TB booklet. Please stop me at any time if you have questions or if there's anything confusing.

What is TB?

- TB, a short way to say tuberculosis, is a germ. TB germs can make you very sick.
- If you get sick from TB, it can cause problems anywhere in your body, but usually it affects your lungs, causing damage that makes it hard to breathe.
- If you don't take medicine, TB can kill you.
- TB can either be active or inactive. Inactive TB is sometimes called "sleeping" TB.

What does a positive TB test mean?

- A positive TB test means that you have TB germs in your body. It does not necessarily mean you are sick with TB or that you can spread TB to others.
- To find this out, you'll have an examination and get an x-ray of your lungs.

What is active TB?

- People with active TB are sick and usually have a cough and fever that will not go away. They may also have night sweats and lose weight without trying.
- You can spread TB to family and friends, and other people near you.
- Unless you take medicine, over time, your body may not be able to fight the TB germs and you'll keep getting sicker.

What is inactive, or "sleeping," TB?

- You don't feel sick.
- You cannot spread TB germs to your family, friends, or others near you.
- You can take medicines to treat your TB, so that you won't get sick or get anyone else sick.
- Inactive TB can change to active TB at any time if you don't take the medicine.

How did you get TB?

- TB germs get into the air when someone with active TB coughs, sings, or laughs.
- TB germs are so small that they float in the air and get breathed in.
- You breathed in TB germs when you were near someone with active TB.

The good news is...

- That there are medicines you can take to treat your TB before you get sick.
- You'll need to take all of the medicine, exactly as prescribed.

Why do you need to take medicine if you don't feel sick?

- It is much harder to treat active TB. It takes more medicine and more time.
- Even though you may not feel sick now, TB can become active at any time and make you very sick.
- If you take the medicine before you feel sick, you can keep yourself, your family and friends from getting TB. If you wait until you feel sick to take medicine, you may have already passed TB germs to others.

Provider Name

County/Clinic

_____/_____
Date/Time

Four questions for your patient

I'd like to ask you four questions about this booklet. Your opinions will help us improve it.

Scan to
complete this
survey online



1. How helpful was it for you to read this booklet while we talked about your TB test results?

Not helpful Somewhat helpful Very helpful

2. What would make this more helpful?

3. Is there anything in the booklet you think might be confusing for people?

4. Did the information in this booklet make it more likely that you will take medicine to keep you from getting sick from TB?

Yes No Not sure

Four questions for you

5. How helpful was this booklet when talking to this patient?

Not helpful Somewhat helpful Very helpful

6. What questions, if any, did this patient ask during this session?

7. Based on your experience with this patient, what changes would you make to this booklet?

8. In this booklet, we use the terms "inactive/sleeping TB" in place of LTBI. Please list any other terms for LTBI you used with this patient.

